

Session VIII: The Role of Fasting In Overcoming Demonic Authority

- A. Satan uses stolen/deceitfully obtained spiritual authority from believers
1. Extremely effective when pitting believer against believer
 2. Fasting broke the deadlock between Israel and Benjamin – Judges 19 & 20
 - Judges 20 is the first usage of fasting in the Bible
 - Both sides were believers
 - In the first 2 days of battle, the side with the moral high ground lost. Why? Because both sides held legitimate spiritual authority as God's children.
 - Fasting broke the deadlock
- B. In 1787 During The US Constitutional Convention – Benjamin Franklin spoke convicting words about God to the convention, the convention declared a three day fast, and when they came back together after the fast, the writing of the Constitution proceeded smoothly, quickly, and miraculously into the document we still embrace today. There is no question that God inspired the Constitution of the United States, and His doing so was in response to fasting and prayer. Now, when you hear people say that the Constitution is a document that was inspired by God, you will be able to know it is really a true statement.
- C. Some Believer Conflicts and Deliverance Situations cannot be resolve without fasting – Matthew 17:14-21
- D. Fasting and Forgiveness Are Part of the Same Context – Matthew 6: 14-18
- E. Can one really accomplish great things in the midst of strong adversity without fasting and prayer? This is for you and the Lord to determine.

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